

English With Roop  
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## 1. Describe a time when you were stuck in a traffic jam.

When and where it happened

How long you were in the traffic jam

What you did while waiting

And explain how you felt when you were in the traffic jam

# English with Roop

### Vocab

Modernization

Quite

Frustrate

Myriad

Intense

Awful

Ruin

Entire

Get rid of

Down in the dumps

Significant

Pretty easy

**Awkward**

**Reliable**

**economical**

Well, Due to modernization, traffic increase day by day. Nowadays, It is quite common for everyone to get stuck in Traffic jams as it is the daily reality of busy city life. It can be very stressful and frustrating when on the road. Here, I'd like to talk about a time when I got stuck in a Traffic jam.

It was about a year ago when I went to Delhi airport to pick up my brother. On our way to the airport, the traffic was huge and there were myriad of vehicles on the road so due to this we reached there in one hour late. My brother was waiting for us. That was really a awkward situation for me.

I was stuck in an intense traffic jam. It took around 45 minutes to get rid of it. I listened to music during the entire period and waited patiently and was expecting that things would get back to its normal condition soon.

It was awful experience. We faced lot of hurdles and felt restless (down in the dumps ) especially my brother. I was really frustrated because a traffic jam completely ruined our entire day.

**Follow-ups**

**1. Are traffic jams common in Indian cities?**

Yes definitely, traffic jams are quite usual in Indian big cities as Today, roads are full of cars, buses and trucks. The most significant factor is the high number of cars. Today, companies manufacture a large number of cars and it is pretty easy for people to have one. Another contributing factor is the lack of public transports.

**2. Why are cities today facing serious traffic issues?**

It is undoubtedly the case that urban areas around the world increasingly suffer from congestion. Many families own two or three cars which result in the increase of traffic congestion. Or From the countryside, people come in search of jobs and education which also is the reason for increasing traffic. Another cause is road system. For instance, Most of the streets in my city are narrow and few cars can pass through them simultaneously.

**3. What can be done to improve traffic conditions in cities?**

I think public transportation is the best solution because it is economical, and reliable, public transportation is the best way to reduce the number of traffic jams. There are other possible ways to address this problem, but using public transportation is clearly the best.

**4. Can developing public transport help resolve traffic issues in cities?**

Yes, It is the one and only solution in the current time the government can take steps to make the public aware of public transport which is safe and secure. In my opinion, if authorities develop fast and reliable public transport then they will surely see fewer traffic jams on their roads and much happier drivers.

**1. Describe an invention that has changed how people live.**

**What it is**

**How has it changed people's lives**

**What benefits did it bring**

**And explain it is more important for older or younger people.**

### **Vocabulary**

**Thrive**

**Part and parcel**

**Profound**

**Nook and corner**

**Ancient**

**Obstacle**

**Dwellers**

**Daunting**

**Unprecedented**

**Herculean**

**Revolutionary total change**

**Unfeasible inconvenient**

There is not even an iota of doubt that inventions has shaped life of human beings such as cell phone, internet, computer and so on. Major part of the population primarily thrive on these revolutionary creations. Here, I would like to talk about a greatest creation of science and technology and it is none other than internet.

The utilization of internet has become the part and parcel of life. It has affected the livelihood of individual profoundly. With the help of this source we can communicate with each other from every nook and corner of world. In ancient times, people were completely dependent on books, visiting places to get updates but now they just have to click a link and they get everything according to their choice.

More so, distance is no longer obstacle for the individual as they can talk, chat or video call to their near or dear ones from everywhere. Thanks to evolution and innovation of internet, dwellers use them for various other purposes as per their taste, which consist indulging in social networking platforms, uploading their pictures, watching movies, chatting with friends, online classes , work from home and so on. The list of merits never ending one.

According to me, it is unfeasible to live without internet. Ultimately, I must say that internet has become a necessity for humans.

### **Follow-ups**

**1. How has technology made our life easier?**

There is no doubt in the fact that in today's times, technology has made our lives quite easy and simultaneously efficient as well.

Smartphones are the primary example through which we can do banking transactions from the comfort of our homes without visiting the bank.

**2. Which invention do you think is the most useful at home?**

In my opinion, I think the washing machine is the most helpful invention for the home. For numerous people washing clothes is a daunting task. With the assistance of this machine, we can do other work simultaneously.

**3. Is it more difficult for old people to accept new technologies?**

It is challenging for older people to accept new technologies in some cases as they are not used to new technologies. Using new appliances is an herculean task for them because they do not know how to use touch mobile or smart phones.

**4. What can be done to help old people learn to make use of new technologies?**

Firstly, the family members, especially kids, must help the elderly about how to use new technology. Secondly, big technology companies can organise seminars where older people can be taught about the use of latest gadgets.

**5. Will our life be better if we live without technology?**

There is no doubt, modern technology has made our life unprecedentedly convenient. In fact, cutting-edge devices and applications make it possible to stay connected around the clock, seven days a week. Therefore in the absence of technology, life would become more challenging.

## **2. Describe a family member whom you would like to work with in the future**

**Who the person is**

**Have you ever worked with this person before**

**What kind of work you would like to do with the person**

**And explain how you will feel if you can finally work together.**

**Vocab**

**Instrumental**

**Thick and thin situations**

**Address**

**Depth**

**Astronomically**

**Ergo**

**Profound**

**Over the moon**

**Paramount**

**downfall**

Well, family plays an instrumental role in our life as family members stay with us through thick and thin situations of life. Here I would like to talk about a person whom I would like to work with in future.

Actually, he is none other than my brother and his name is ..... It is my dream since childhood to set up an educational institute in my area with my brother because he has great skills as well as natural power to address any kind of hard situation into easy way. Moreover, he has depth knowledge regarding various subjects and he is one of the multitalented persons in my family.

There are some reasons why I want to open institute in my area. Firstly, in my hometown there is not any institute which provide best quality education to children. Moreover, fee of available institutes is astronomically high. Ergo, a number of children in my area are deprive of education. Therefore by opening institute we can teach to needy and poor children.

Honestly, my brother has profound knowledge about that field and we never have conflicts and blindly trust each other so these things ensure the smooth functioning of business. It would be my first experience to work with my brother and I can say that we both will enjoy a lot working together. If we finally work together I will feel over the moon because it will not only better for needy and poor children but also make our bonding strong.

**Follow-ups**

**1. Are there any positive effects of working with a family member?**

Yes definitely, there are number of benefits of working with a family member. Working with family members can give us real-life experience and make us expert in all ways. They know our strengths and weaknesses so family members can motivate us whenever it is needed.

**2. What kinds of family businesses are there in India?**

There are several kind of family businesses in India such as making food, selling spare parts, sewing clothes and many more businesses because India is a land of diverse culture.

**3. Why do people like to set up a family business?**

In my opinion, Family business owners have a greater interest in their business, more trust in the members and can find unique products that stand out from the competition. Furthermore, family business ensures employment within a family.

**4. What are the advantages and disadvantages of a family business?**

One of the potential benefits of running a family business is that your family members may work harder than a typical employee, and may even work harder than they did at other jobs, Because they have a vested interest in the success of the business. However, One of the risks of hiring or partnering with a family member is that they may break the rules—where a traditional employee or a formal partner will not.

**5. What are the causes for the success of a family business?**

There are various factors for the success of a family business such as An innovative business idea, the right talent, network, hard work, trust and sales. On the top of that is mutual trust is more crucial factor for the success of family business.

**6. How is the relation among members of a family business?**

For any family business to thrive, good relation among family members is of paramount importance. If this is not there then the family business can see its downfall very soon.

**3. Talk about an important river or lake in your country or hometown.**

**Which water body is that**

**How do you know about it**

**Why does it impress you so much**

**Vocabulary**

**1. Scenic**

**2. Intensive**

**3. Livelihood**

**4. Rely**

**5. Sacred**

**6. Sins**

**7. Fascinate**

**8. Rejuvenate**

## 9. Tranquil

## 10. Phenomenon

India is famous for its scenic beauty and there are many rivers flowing in it. Today, I am going to talk about the most significant river which fascinated me a lot that is river Ganga.

I vividly remember when I was in school, from geography subject, I learnt about it first time. But in Geography class, I learned only basic information about Indian rivers. I learnt more about it with the help of mass media and electronic media as I grew up.

Honestly, I do not have intensive knowledge about Ganga river, but still I can say that I know quite a lot about it. It comes out of the Himalayas from glaciers and falls in the Bengal. I read it from the internet, it gets water from glaciers as well as from the rain during monsoon season.

I find it quite impressive due to certain reasons, first of all, its length impressed me a lot. I do not know the exact length of it but, it is the longest river of the world. Many people rely on it for their livelihood. Farmers use its water for agriculture and people also do fishing in this river.

Last but not least, it is well-known for its religious value especially in Hinduism, it is considered sacred and many Hindu festivals are organised on the banks of river. In the end, I have heard that Indian people believe a one dip in river Ganga can wash away all their sins.

### Follow-ups

#### 1. Why do many people like going to places with water such as lakes, rivers, or seas?

I think it's more relaxing and in tune with the nature, it helps to soothe difficult feelings and emotions, useful if suffering of anxiety and depression. Moreover, People like to go to such places because they can do various activities there and have a fun time. They can do swimming, boating, scuba diving and so on.

#### 2. What kinds of leisure activities do people like to do in water places?

There are various recreational activities that individuals tend to perform in sea. For example, Each year more people are attracted to the sports of swimming, fishing, scuba diving, boating, and water skiing.

#### 3. Do children and old people relax in the same ways when they go to beach?

No, they relax in different ways as their age allows them. The elderly just sit there and watch their children and grandchildren play with the waves. Children run around the beach, play beach volleyball, swim in water and relax by sweating out their energy.

#### 4. Why do people like water sports?

The tranquil quality of water reduces stress, anxiety and depression. Swimming for instance has been proven to improve the mood in both men and women. Water sports are a great form of exercise because these benefit both the body and mind.

**5. Do you think beach or seaside is more suitable for children or old people to spend their leisure time with?**

I think seaside is suitable for all age groups as it is a natural phenomenon that all living beings are fascinated by water bodies, I believe old people enjoy spending leisure time near water as it is relaxing and rejuvenating and young people love to do water activities near seaside.

**4. Talk about a traditional object of your country or Talk about a traditional product of your country that you bought.**

**what is it?**

**How is it made?**

**When did you try it for the first time?**

**Why do you like it?**

Vocab  
Fond of  
Domestic  
Retain  
Primarily  
Eye-catching  
Enhance  
Foster  
Monotonous  
Prominence  
contemporary

# English with Roop

I am fond of keeping traditional products at my home whenever I visit different places in my country I never forget to purchase traditional products of that particular area. Mostly these products are brought to our homes to add charm to the beauty of our homes.



Besides being attractive, these products are quite helpful for domestic use as well. Here, I would like to talk about a wooden jewellery box. It is made of different kinds of material especially wood. Rather than using any kind of machine, people use their skills to make the box with their own hands.

I tried it when I bought it . I kept my jewellery in the wooden box. It's very special to me as it has traditional value. Due to this box I retained my small things in this box. I like this box primarily due to its unique design. Besides, colour of this box is eye-catching that enhance the outlook of my room.

All in all, I would say that in order to keep traditional values alive in our hearts it is necessary that we do possess such items which remind us about our ancient times.

### Follow-ups

#### 1. Describe another traditional product from your country (apart from what you spoke about).

India is rich in tradition and culture. It is also very diverse. Traditional products are different in different parts of India. For example, ceramic pottery of Jaipur, puppets of Rajasthan, phulkari embroidery of Punjab, hand-knotted carpets of Srinagar and many more.

#### 2. What are the benefits of traditional products to locals?

The main benefit is revenue. A large number of tourists get attracted to the specialties of some places. For example, mustard leaf with corn chapatti is a famous traditional food of Punjab, and people from various parts come to Punjab city to taste it.

#### 3. Do you think the government should help in the promotion of traditional products?

Definitely yes, Traditional products provide jobs and recognition to the locals. By doing so, the government can reduce unemployment and foster tourism.

#### 4. Do you think because of globalization, countries are adopting each other traditions?

It is true that globalization has bridged the gap between nations. Due to this, the movement of people and goods has increased appreciably. It has fostered the exchange of traditions between nations.

#### 5. Why do people buy traditional products because of their traditional value or handmade?

The prominent reason behind buying traditional products is the value they offer. Moreover, people find it monotonous to buy machine-made products in the contemporary epoch due to this reason hand-made traditional products are also gaining prominence.

### 6. Describe a positive change in you life.

**What the change was**

**When it happened**

**How it happened**

**And explain why it was a positive change.**

**Vocab**

**Inevitable**

**Addictive**

**Fascinate**

**Prudently**

**Trigger**

**Adventure**

Changes are inevitable parts of human life. The positive change that I would like to talk about is 'I started playing outdoor games instead of playing computer games'. After I got my first personal computer when I was only 12 years old or so, I started learning many things. Besides that, I started playing computer games. As computer games are addictive I found that I was playing the games whenever I had spare times.

I found myself very much fascinated to computer games and I preferred to play the games at home instead of going to open spaces or fields to participate in outdoor games that involve physical exercises. I found that I was spending more times at home than being outside. After my parents noticed that, they discussed with me about that and explained to me the importance of outdoor activities. They gave me strict restriction that I would only be able to play computer games for an hour daily and in the evening I'd have to go outside to play with my friends.

This was obviously a quite positive change for me. I'm not against computer games but I feel that if there are more essential things to do, then we should not spend time on computer games only.

Later on, I started maintaining my times more prudently and I am sure this change has affected me positively in terms of physical and mental health.

**Follow-ups**

**1. Is your country changing rapidly?**

Yes, my country is getting better and better year after year making rapid progress in a number of areas. More and more people in India are getting the education and hospitals are being built and opened all around the country including rural area. What's more, amenities in the country are getting better and better, for example, roads are being built, shopping centres and amusement parks are being constructed.

**2. How is your country changing?**

MY country is changing in several ways. Due to globalisation, people are wearing western clothes, eating western cuisines and watching foreign shows more and more. Moreover, we are developing in infrastructure and facilities. Many modern facilities fast internet connectivity, automatic machines, electronic gadgets and so on

### 3. Do you think change is good?

No doubt, change keeps the mind active and this way triggers progress. It always bring adventure into life, always challenges people and as a result, makes them stronger. It also presents new opportunities and brings excitement to life.

### 4. What are some of the major changes that usually occur to people in our lives?

I guess the huge changes in our lives start from finishing school, entering a university and graduating from it. At this point, we become adults and start building our professional lives. As far as personal major changes are concerned, they are getting married, having a child, getting a divorced and losing a family member.

### 5. Is it important for people to make changes according to their surroundings?

There is no doubt that change is a law of nature but I don't think so people make changes their habits or nature just for the sake of society, I know that changes are beneficial but its not compulsory for individuals to change their taste or choice because of community.

## 7. Talk about an important / special event you celebrated.

What was it

When did you celebrate

Where did you celebrate

Who was with you

Why was it special

Vocab

Mundane

Grace of God

Ninth cloud

Ordinary

Glad

Enthusiasm

Everlasting

**Familiar**

**Massive**

**Wealthy**

**Efficiently**

**Over the moon**

**Social or extrovert person**

Every event has own significance. Some are so special which are remained in mind till whole life like those occasions fills happiness in our mundane. Here, I am going to talk about crucial event when I celebrated my mother's birthday.

Hence I still remember, about two months ago, I celebrated my mother's birthday. I had organized a surprise party and other members of my family were involved in my plan. We together made all the preparations for a birthday party. But we did hide it from the eyes of my mom. In the morning of the day of my mother's birthday, no one gave birthday wishes to her. She was looking surprised that everyone has forgotten her birthday. So, that day passed like an ordinary day for my mom.

Lovingly by the grace of God, at 7 PM, I went to my mother's room and told her to go with me. I took her on the roof of my house where we had arranged the surprise party. When she arrived on the roof, everybody started clapping and wishing happy birthday very loudly to my mother.

My mother was shocked as well as glad. When I saw my mom's smile, then I felt myself on the ninth cloud by happiness. After it, Everyone enjoyed the party and gave birthday presents to my mother.

Ultimately, the birthday event of my mother was one of the sweet memories of my life which keeps my family more close. I will never forget it during my whole life.

**Follow- ups**

### **1. How do people in your country celebrate events?**

Well according to my perspectives, people celebrate events with great enthusiasm. They make events memorable. For example, Some people celebrate by just going out for a lunch or dinner, while some others celebrate by organising parties.

### **2. What events do Indian people like to celebrate?**

Indian people like to celebrate birthdays, anniversaries, festivals like Diwali and Dussehra. Some people celebrate public events with great enthusiasm. They make events memorable. For instance, in India, Indian citizens celebrate 26th January known as the constitution day.

### **3. Why do you think celebration is important?**

Life is all about happiness and as human beings, social interaction with our fellow beings not only brings happiness but helps us grow our capacity to learn languages, familiarise ourselves with cultures, inquire, think, play and work. Moreover, celebrations act like stress relievers and help us balance our emotions.

### **4. Do you prefer big or small celebrations?**

It depends on occasions, as I am social person (extrovert) so most of time I choose massive parties. I feel over the moon when I interact with new people on get-togethers.

#### **5. Why do some people like expensive and grand celebrations?**

Yes , some wealthy people in my country throw lavish parties to celebrate special family functions because they just want to maintain their standards in society as well as they want such events to be an everlasting memory in their minds.

#### **6. Do you think it is a waste of money to spend much on celebrations of national events?**

No, I do not think so because public events keep close to all the citizens of a nation. Such as events produce respect for the country in each and every person's heart. Humans celebrate it with joy and excitement.

#### **7. How can people prepare for an event?**

Well according to my own point of view, an activity can be prepared before its performance. When we are going to celebrate any event, then it matters how we prepare and celebrate it. After it, we manage everything including shopping, event's date, time, invitations and so. For this, we can distribute important works related to the preparation of an event in order to do it efficiently. Some persons hire an activity management staff to prepare an activity or event.

### **8. Describe a time when you observed stars**

**When you observed the stars?**

**Where and with whom you went with?**

**What you observed?**

**And explain how you felt when you saw the stars.**

#### **Vocab**

**Enthusiast**

**Unknowingly**

**Contentment**

**Enhance**

**Fascinate**

**Adventurous**

**Over the moon**

**Astronomers**

**Imagination**

**curious**

Being a nature enthusiast, I always love to watch the sky and enjoy the different colours it creates due to different weather conditions. I tend to look the sky at night and enjoying the twinkling stars. Here I am going to talk about one day when I observed a lot of stars in the sky.

It was probably three years ago. I had a last-minute plan to enjoy the coming two days' autumn vacation with my family in my native village. Every year we go to our native village during this time as I love to observe the stars at night. On that day, we slept in the open air so that we could see the stars.

We observed some twinkling stars and the bigger ones which were more visible. We also observed some common patterns of stars in the sky. Moreover, we started giving shapes to the star patterns. It was great fun. My father told me a lot of stories about stars. He told me that when a person dies, he becomes a star.

Looking at the sky, I felt at peace. Unknowingly, my breathing was steady, and my body was relaxed. I had taken out all the thoughts from my mind, and it was blank. I was not thinking of anything. The moment was full of contentment.

### Follow-ups

#### 1. Why do people like to study the sky?

People study it for various reasons. One major reason is personal love towards the field. Studying stars and planets is always interesting for scientists and astronomers so they like to study the sky more to understand the universe and the planets.

#### 2. Do you know any stories related to planets?

Yes, I used to listen stories from my grandparents during my childhood they used to tell me interesting stories and the importance of different stars and planets revolving around our planet. Today technology is growing and so much of research is done on life on other planets. I have heard these stories on internet and from my grandparents.

#### 3. Do you think children should be told planet stories to improve their imagination?

Yes definitely, it is quite essential that children be told stories about other planets. Children will definitely want to become scientists or astronomers if they study science and planets and galaxies. It is necessary to tell them stories to improve their imagination.

#### 4. Would children benefit from watching stars?

Children will benefit in terms of knowledge and understanding of the universe and the galaxy. They will definitely enhance their knowledge regarding the planets and the possibility of life beyond our planet so this will benefit children if they watch stars.

#### 5. Would you like to watch movies on planets?

I like to watch movies on the planets as it is always adventurous and fascinating in knowledge. I have watched numerous movies on aliens, spaceships, planets, galaxies, and other space-related fields. By watching such movies, I feel over the moon.

#### 6. Did you like to watch the sky when you were young?

Yes, I liked to watch the sky when I was young. From my childhood to my young age stars and galaxies always fascinated me and made me curious to know more about the planet.

## 9. Describe a plant, vegetable or crop that you are familiar with

What it is and where it grows?

How you became familiar with it?

What you like or dislike about it?

And explain why this is important for your country.

Vocab

Fruitful

Numerous

Sacredness

Dwellers

Amazing

Adorable

Indigestion

Extremely

Entirely

chief

In India, a large number of plants are available and many of them are useful and essential for various reasons. Basil is one of them and is fruitful in several ways. This is a kind of herbal plant that offers numerous benefits.

Tulsi is available across all the regions in India. Due to its sacredness in Hindu belief and medical benefits, a higher percentage of Indian homes have them. Some city dwellers grow this plant in their balconies as well.

One of my friends grew basil in his home and he told me about the amazing benefits of basil. I love this plant for many reasons as it is a small green plant and their leaves look bright green. The leaves are small and are adorable to look at. It is easy to grow and needs basic things to grow, such as an ample amount of fresh air and sunlight.

Basil leaves are often used to produce herbal tea which is popular among many tea lovers. Tulsi oil is beneficial to control insects while its leaf juice is effective to cure respiratory disorders, coughs, common colds and fever. Often, Tulsi is referred to be used during indigestion.

Follow-ups

1. Do people in your country like to grow plants at home?

Yes, in my country India, folks are growing plants at home and home gardening is quite famous in urban areas. People grow different sorts of plants like as: all types of flowers, , green chillies ,mint and so on. Children also like gardening as a hobby.

## 2. Do older adults grow plants?

Definitely, old people love too much as well as, they have proper knowledge related to planting. My grandfather likes planting at home. He always guides me related to planting and we have a small garden in the backyard as well as, he grows many sorts of flowers, vegetables and so on.

## 3. How do schools teach students to grow plants?

Actually, the schools do not teach these types of things. sometimes schools are organized environment activities and teachers give the information to students how to take care the plants and environment. Moreover, they encourage the students by helping them plant trees at the school, home and public parks, and other places.

## 4. What is the main plant of your country?

India is a diverse country and Indian people are enjoying all types of climate and all sorts of plants grow here as well as, every plant have own importance so, It is extremely difficult to choose one plant as the chief plant. Basil is worshipped in Hindu homes, ginger and turmeric have medicinal values, aloe vera has also become entirely popular.

# 10 Describe a friend you like to talk with

**Who he or she is**

**What you like to talk about**

**Why you like to talk with him or her**

**And explain how you feel about him or her**

Spending quality time with friends plays a very important role in maintaining work life balance. We have a really strong bonding with our best friends, siblings, cousins, neighbours and many others. Sharing our happiness and problems make our relationship stronger every day. Here I am going to talk about my best friend Simran.

I and Simran are childhood friends and he was my first friend and today he is my best friend. For me he is like a brother from another mother.

We talk on so many topics like politics, economics, hobbies, stock market, and our likes and dislikes as He stays in my neighbourhood so we are childhood friends. We share a long relationship of more than two decades. We went to school together, played games together, and participated in school functions together.

I consider him my best guide and advisor so I discuss almost everything with him and He also does the same. Simran is a person I can rely on for my secrets and other conversations. We do jobs in different companies but live together in one neighbourhood. Today our relationship is at a level that we don't make any decisions without discussing it with each other.



- I feel really comfortable as we share similar tastes in food. We can trust each other with anything. And in good and bad times we stand by each other without any conditions. Our wife's and children also have a similar bonding with each other. So we go on vacations together. So I like to spend my time with my best friend simran.

### Follow ups.

#### 1. Where do young people like to meet?

Young people like to meet at many places for example cafes playgrounds sports clubs and cinema halls and they like to do various activities together especially they like to hang out in game zones and cafes the youth loves to make conversations with each other and play games in these y places.

#### 2. What do young people talk about when they meet up?

Young people like to talk about so many things especially they like to talk about their academics and sports young people are also interested in technology and science so whenever they meet with each other they talk about latest launched gadgets electronic items and they also talk about sports and celebrities they are so much influenced with the movie stars and sports player today businessman's are also attracting the youth by their business skills so you have people also like to talk about the top businessmen in the world.

#### 3. Do you think people should be honest when talking with friends?

Yes absolutely people should be honest when they are talking with their friends. Honesty makes the bond very strong with each other and if a person is not honest then there will always be a gap in a relationship so when they are talking with their friends they should always be honest and faithful to their friends.

#### 4. On what occasions do people talk with strangers?

People talk to strangers on various occasions when they are visiting a tourist place for future activities or when they are traveling to a country for business or other purposes they get opportunity to talk with stranger people while traveling or in the another country in this time they talk about their country their likes dislikes and they make a new relationship with them so this is some opportunities when people talk with strangers.

## 11. Describe a chocolate you didn't like

What it was?

When you tasted it?

How it tasted like?

And explain why you didn't like it?

### Vocab

1 sweet tooth

2. Occasions

3. Although

4. Awful

5. Quite

6. Bitter

7. Dessert

8. Prevalent

9. Trash Bin

10. Numerous

Frankly speaking, I do have a sweet tooth and chocolate is surely good for health. Every age group likes to eat chocolate and they distribute it on various happy occasions.

Since my childhood, I have been fond of eating chocolate after lunch and dinner. I have tasted varieties of chocolate and like most of them.

Although I like most chocolate varieties, I recently tasted a new flavour that I did not like. It was a bar of chocolate which one of my friends made with the help of you tube as she is not expert in cooking, due to that, she made awful chocolate.

It happened last month when she invited me at her home on the occasion of her sister's birthday. She gave different flavour of chocolates but I wanted to try homemade chocolate, its taste was quite different like bitter and it was difficult for me to eat it. Its taste was bitter, and after two bites, I threw the rest of the chocolate in the trash bin .

The main reason why I did not like the chocolate as taste was bitter and sugar was less. Another reason is that, there was no almonds and nuts in the chocolate.

### Follow-ups

#### 1. How often do you eat chocolate?

Yes, I do eat chocolate every day. When I daily complete my dinner, I consume two to three dark chocolate as a dessert because it is loaded with nutrients that can positively affect my health.

#### 2. What's your favourite flavour?

I like dark chocolate because of its unique taste. Moreover, it doesn't have extra sugar; due to this reason, it is a healthy option. Numerous studies have provided that eating it could reduce your heart disease and heart attack chances.

#### 3. Is chocolate expensive in India?

Absolutely, because it is daily consumed by most of the people in India. Additionally, foreign chocolate is very expensive as it is imported from different countries, so nearly 10% Basic custom duty and 10% Social welfare tax are also applicable on the basic price.

#### 4. When was the first time you ate chocolate?

I remember when I was a child my father was supposed to bring a variety of chocolates when he returned home from his works. At that time, I assumed that I had tasted chocolate the very first time.

#### 5. Is chocolate popular in India?

Yes, it's prevalent as almost everyone eats chocolate. Moreover, on many occasions like birthday parties, Anniversaries or some special days like Valentine's Day people generally distribute chocolates to each other.

## 12. Describe an interesting neighbour

How long you have known this neighbour?

What sort of person he/she is?

How often you see him/her?

And explain why you consider this person to be an interesting neighbour?

#### Vocab

Numerous

Occupants

Fortunate

Assist

Amiable

Mildly

Mentor

Unproductive

Idiom – above board

Metropolitan cities

Although I have a big neighbourhood with numerous occupants, one of them is an exciting person. I must say, I am extremely fortunate to have such a wonderful neighbour, Mr. Rahul, who is really friendly and always willing to assist me whenever I'm in trouble. He moved in our community 5-6 years ago and in this sense, he is my neighbour for the last 5-6 years.

He is a very amiable and talented person. He speaks very kindly with everybody and with children and senior citizen he behaves very mildly no matter what. He is not only my neighbour but also a great mentor for me.

I spend most of the time in my academics and extracurricular activities but on weekends we see each other. And play outdoor games. Sometimes we go cycling in the countryside. In party's or social events in the colony we work together. Whenever I need guidance I go to him without any hesitation.

He really is a wonderful neighbour and I know I could call on him if I ever needed to. We will always help each other out when we can, and because we both live on our own, it's really important to have a good friend close by.

I admire him and I have learnt many important lessons from him regarding life and academics. Finally, I think he is a good neighbour also because he is a hard-working person and hardly ever wastes his time doing unproductive things, like gossiping. In our community, most of the people like him and he is, in my opinion, a neighbour anyone would expect to have.

### Follow -ups

#### 1. Do you think neighbours are important?

Yes, I think neighbours are crucial because we can feel the need of any person at any time. If we have a good neighbour, then they can help us a lot, and in the same way, we can also help them, when they have a need of us.

#### 2. What are the qualities of a good neighbour?

A good neighbour is always trustworthy, and he must be above board in his dealings. Also, giving suggestions and help in making choices, a good neighbour is a great asset for a person.

#### 3. Do most Indian people know their neighbours?

Answer – Well, I can't say in this regard. If people live in villages, then they know well about their neighbourhood. Otherwise, people, who live in Metropolitan cities, then I can say that they are hardly aware of the persons, who live next door to them. The reason is the busy schedule of the people that don't let them interact with the people who live in their neighbourhood.

#### 4. What are some of the qualities of a good community?

Answer – A good community is always helpful for each other. In that community, functions are organised, and all and all members take part in it. Moreover, if any person is in trouble, then the whole people of the area help him or her either by giving money or doing work for them.

#### 5. In India, are there any facilities for improving relations between neighbours?

Yes, various NGOs act as mediators to resolve the conflicts between neighbours. Apart from this, in urban areas, the residents' welfare association takes the lead in resolving problems between neighbours.

## 13. Describe a competition you would like to take part in

What kind of competition is?

What would you do in this competition?

**Why does this competition interest you?**

**Vocab**

**Several**

**Phases**

**Rice pudding**

**Hardcore practice**

**Reward**

**Excel**

**Huge**

**Quite**

**Extracurricular activities**

**delicious**

In this modern era, there is competition in every part of life. If one wants to achieve the success he has to go through several competitions in the society. competitions could be related to study, jobs, music, sports, entertainment etc.

The competition I want to participate in a national level cooking competition, mainly because I love cooking and experimenting with new recipes, ingredients and cuisines. This competition has number of phases.

Firstly, auditions are held each state of our country, from where participants are selected on the basis of the dishes they make. In this competition, I will make several dishes and I already decided that I would make Shahi paneer with my special homemade tasks. I will surely be qualified 1st round. And in the mega audition round I will make delicious dish rice pudding and in the final round I will prepare mustard leaf with corn chapatti and I am fully confident that with some hardcore practice, I can win this competition.

In addition to it, these competitions provide great opportunities for networking with others in the same field. And knowing the importance of networking in one's career, this provides another reason to go there.

In the end, I would like to say that competitions play a huge role in motivating youngsters to perform and excel and offer a lot more reward than just the winning prize.

**Follow- ups**

**1. What kinds of people are competitive?**

Today competition is seen in each and every field and everybody is competing in their own respective field but we see some people who are over ambitious and those who cannot see themselves behind are always more competitive than others especially in the field of sports and business people are quite competitive.

**2. What kind of activities/competitions people like to take part in?**

People like to compete in so many activities and competitions in the school. Children like to take part in extracurricular activities, outdoor games and many other activities. They also like to take part in talent shows regarding singing and dancing.

**3. What kinds of competitions are popular in your hometown?**

In my hometown there are so many competitions held every year especially competitions regarding extracurricular activity, dance art and outdoor sports are very popular. Every year our city organizes a cricket tournament and cultural festival where many students and citizens of my city take part.

**4. Why do you think there are many competition programs on TV today?**

There are several competitions and programs on television as people really enjoy these kind of programs they get motivated and influenced by the stars on television and from the movies they also want to be like them so these programs really influence them in a very big way.

**14. Talk about a special day which was not that expensive or on which you didn't have to spend a lot of money.**

What was the occasion?

Where you went?

Who did you celebrate with

Why it didn't cost you much?

vocab

Hefty

Concur

Extravagantly

Every nook and corner

Strategies

Endlessly

Vain

E-commerce

Convenient

Loyalty

In this materialistic world each and every day, we have to spend a lot of or hefty amount of money just to survive and enjoy our lives. But sometimes a person in their lives enjoy some special days on which they do not need to pay much, yet they enjoy a lot. Such a day that I would like to describe here an affordable special day in my life that I enjoyed a couple of months ago.

Here, I am referring to Black Friday. Families across the world plan their entire year for this one day of unbelievable savings opportunities. So we went to the Elante Mall, located in Industrial Area Chandigarh. The mall was crowded. People were standing in a queue, waiting for their turn to come. For once, I thought like, everyone in the city is here. The doors were opened and in less than a minute the store was filled to capacity.

I planned for this day two weeks in advance and took my younger sister with me. She helped me find the household goods with the best offers and discounts. So we celebrated the joy of getting superb deals together.

Due to black Friday discount was offered on everything, I was personally trying to get the laptop they had on sale, it was super cheap.

And then we head on to the billing desk. There was no end to my joy when I heard about the exclusive cashback offers running on HDFC Credit Cards.

It was really an astonishing movement for me or us .when I or we saw the bill. Although we were bought number of items yet the payable amount was lesser than we expected. At that time, we realized that we enjoyed our day without having paid much money.

### Follow-ups

#### 1. Do teenagers spend much more money than before?

Yes, I concur with this thought that teens today spend extravagantly on things. Earlier, the avenues of shopping were limited but now they've exploded at every nook and corner. Moreover, online shopping has made them Super teens to shop for anything at any time. Which was not the case in the past. That's why, more spending opportunities put more on the line for teenagers than before.

#### 2. How can people save money as much as possible?

Setting a goal is one of the most effective strategies to save money as much as possible. Begin by considering what you might want to save for in the short (one to two years) and long term (three or more years). Then calculate how much money you'll need and how long you'll need to save it. In addition, there are many savings and investment schemes available. Look carefully at all the avenues and consider investing under least risk options.

#### 3. Did you ever have a bad shopping experience?

Last year, I had a horrible experience with Snapdeal, I ordered a lot of clothing pieces from them and they turned out to be of a different material instead of cotton and I had to call them endlessly but all were in vain.

#### 4. Why is online shopping so popular these days?

When you compare online and offline shopping, you will notice that internet shopping is more convenient because you can do it from your office, home, or even while on vacation. You can also shop at any time of day or night, including at midnight. That's why e-commerce is trending nowadays.

**5. Do you think you can buy something from a physical store without money?**

Ideally, you cannot buy anything from a physical store without paying for it. But there are some big supermarkets like Big Bazaar and Reliance that offer loyalty vouchers to their customers. So once in a while, you can make use of loyalty vouchers to foot your shopping bills without needing to pay hard currency.

## **15. Describe something that helps you concentrate**

**What it is?**

**When you do it?**

**How did you learn about it?**

**How it helps you concentrate?**

**Vocab**

**Fundamental**

**Entirely**

**More precise**

**Exhaust**

**Tiresome**

**Bosom**

**Productive**

**Fatal**

**Revive**

**Extracurricular activities**

Concentration is the fundamental thing for success. Many people try different types of techniques to increase their level of concentration. Here I would like to elaborate one technique that is entirely suitable for me to concentrate.

To be more precise, I often take a break and listen to one or two songs only to get back to my desk to continue my studies a few minutes later. This method is proven to be effective and helps me study for long hours without getting bored or distracted. I believe sometimes listening to our favourite songs refreshes our mind and inspires us.

I do this activity when I feel exhausted. I have invented this method to find a way to study for long hours. Nowadays, it has become a part of my study techniques, and sometimes my motivation to keep studying to achieve an excellent



academic result. My bosom friend told me about this method.

This process helps me better concentrate on my study because we need breaks to revive our mind, and without breaks, even interesting tasks become tiresome. Whenever I leave my desk and focus on something else for a while, I get recharged and find new energy to study for another half an hour or so. Thus even if I study for more than 12 hours a day, I do not feel fatigued or tired.

### Follow-ups

#### 1. Is it important for children to learn how to concentrate?

Yes absolutely it is quite essential for children to learn how to concentrate because this can help them in their academics and their sports games they can learn to do meditation and yoga to keep their mind stable by improving their mental stability they can perform excellent in sports and extracurricular activities as well as their academic these are some things that children should do to improve their concentration level.

#### 2. What can employers do to help employees concentrate?

Employers can really do many things to make their employees productive first of all they can organize motivational speeches and they can create a space where there is silence and absolute creative place by this activities really employees can concentrate they can also make them do mental exercises which can help them improve their concentration they can also encourage them to do meditation and yoga which is the best practice to improve mental stability.

#### 3. What kinds of jobs require higher concentration at work?

I think so all the jobs really require concentration nowadays as the world is growing very fast technologically so take concentration is very much important but when it comes to high level artistic work or creative work concentration is very much required other than artistic work doctors and engineers and architects also require concentration in their work.

#### 4. Have you ever felt difficult to concentrate?

Yes I have felt many difficulties in concentration when there is so much noise around and there are too many vehicles going here and there I cannot concentrate when people are talking or shouting around me at that time also I cannot concentrate high volume of television and music system also disturbs my concentration level so in this kind of situation I cannot concentrate and not perform at my best level.

#### 5. What kinds of distractions bother you in life?

Distractions are never good whether they are in the form of noise or telephone calls distractions can be really fatal if they are while driving so a person who is driving or doing a creative work should be left alone so they can perform that task for perfectly and they can give their best.

## 16. Describe an activity you do to keep fit

What the activity is

When and where you usually do it

**How you do it**

**Explain why it can keep you fit**

**Vocab**

**Extremely**

**Respiratory**

**Endless**

**Relief**

**Part and parcel**

**Holistic development**

**enrol**

**avoid**

**quite**

**effective**

In this present age, it is extremely difficult to remain fit unless you are engaged in some sort of exercise. I often perform yoga. This is the best match for me.

I get up early in the morning around 5.30am. My day starts by following a healthy routine. Before starting the yoga practice, I take a glass of water. Then, my yoga practice starts around 6'o clock.

Furthermore, I do yoga on the terrace of my house and use the yoga mat to perform the yoga poses. I begin with sun salutations and then move further. The other poses which I perform are triangle pose, chair pose and mountain pose. I also do the alternate nostril breathing which is quite effective yoga exercise. It reduces stress and improves respiratory functions.

There are endless benefits of yoga. It provides me relief from the back pain. I have seen change in my body posture. Yoga has improved my body posture and I feel more confident. Earlier, I had sleeping problems and used to struggle to get a good sleep. However, the day I began practicing yoga, I have maintained a good sleeping pattern.

After doing yoga, I feel active and enjoy doing tasks of the day. Also, yoga makes me feel fresh and relaxed. yoga has become part and parcel of my life. I feel delightful and positive after this activity. Thus, this is a activity that I perform daily to stay fit.

**Follow-ups**

**1.What do old people in your country do to keep fit?**

Well, old people in my country do a lot of things such as practice yoga, meditate, consume proper health supplements, go on a regular walk, avoid junk food, and eat healthy food to stay in the pink of their health.

**2. What kinds of sports are popular in India?**

Being a diverse country, sports is one of the important aspects of Indian culture. Some of the popular outdoor sports enjoyed by people are cricket, field hockey followed by basketball, volleyball, tennis, badminton, hockey, and kabaddi.

### 3. Do you think young people should play dangerous sports?

Of course, young people should play dangerous sports if they are willing to. But before that, they should have to undergo proper supervision and proper training from licensed companies to participate in dangerous sports such as rugby, motorbike racing, auto racing, and mountain biking.

### 4. What else can people do to keep fit besides sports?

Apart from indulging in sports activities to stay fit, people can start following healthy lifestyle activities such as eating a balanced diet, avoiding fast foods, cutting down on high-calorie junk foods, going on a regular walk, exercising and working out daily, practicing yoga, and meditation daily.

### 5. What can parents do to make their children like sports?

Physical activity is an essential component of a children's holistic development and mental well-being. As a result, parents should encourage their children to participate in physical activities by emphasizing the importance of sports. Parents can enrol their children in the sports training centre to help them develop a passion for sports. They can also play with their children to help them develop a habit of physical activity. Parents can also invite their children's friends and play with them to push them to participate in sports.

# English with Roop

## 17. Describe a fishing area that you visited once

Where it is?

How do you know about it?

When and with whom you went there?

How was the overall experience?

### Vocab

Enthusiast

Bosom

Par excellence

Immensely

Picturesque

Adventure sports

Lap of nature

**Instant**

**Boatload of time**

**Cool breeze**

**Edge**

**ultimately**

Being a travel enthusiast, I have travelled to numerous places. Fishing is an activity which tests your patience levels. One such place I visited last year has a wide fishing area that is Tirthan river. It is located in Himachal Pradesh.

My bosom friend told me about this area. He went there quite a few times. He told me about this perfect area setting for a fishing experience par excellence. The river is immensely popular among tourists because of the picturesque mountains and the number of adventure sports that it has to offer.

I went there with my friends and cousins. We did a lot of activities near the river. One of them was fishing. I have learnt this from my friend Rahul who is an expert in fishing and always has the Highest catch. Rainbow Trout and Brown Trout are the major trout species found in the streams of this valley.

I clicked numerous photographs and posted them on social media accounts. After that, We went along the reservoir's rim, which had a lovely river walk along its edge, and enjoyed the cool breeze.

Ultimately, it was an awesome experience for me. After so many years, I got a chance to spend quality time with my cousins and friends. The aura near the river was excellent, and I felt as if I was in the lap of nature. Fishing is an activity that requires patience. And sitting over there for hours to catch the fish was a remarkable experience.

### **Follow-ups**

#### **1. Do you like fishing?**

I like fishing because it is a good pastime. Whenever I have leisure time, I go fishing to relax in the arms of nature.

#### **2. Is fishing a useful hobby?**

It is a useful hobby because it teaches us an important life skill: patience. Fishing is an activity that we cannot do instantly and need a boatload of time for it. Sometimes you have to wait for hours.

#### **3. Do you like eating fish?**

I am not a big fan of eating fish, but It is a well-known fact that fish is one of the healthiest foods on the planet. It is suitable for the brain, especially for eyes. It contains many vitamins and protein, which make the human body healthy, so I eat fish once a week.

#### 4. What kinds of fish do you like eating?

Well, I do not have much knowledge about fishes, I eat it because it is a healthy food, so I buy those fish which are available in the market, but I prefer to purchase a fresh one.

#### 5. Why do people go fishing?

Fishing gives you the opportunity/chance to form outstanding bonds with family and friends because most people go fishing with their family members and friends. Moreover, it is an excellent hobby to pass free time, and it helps to relieve work-related stress. .

#### 6. Why do people like keeping fish as pets?

I suppose people consider fish more as decoration than an actual pet. Some People like keeping fish as pets in an aquarium to make the environment lively in their houses. Moreover, they're beautiful, and watching their behaviour can be very soothing and relaxing.

#### 7. What kind of regions are totally dependent on fishing?

All the cities near lakes and the seashore are dependent on fishing businesses. The land is not that fertile near the Ocean so people do fishing as their main business.

Some small villages and cities also depend on lakes and dams where they harvest freshwater fishes.

## 18. Describe an introvert person whom you know.

Who the person is?

How well do you know him/her?

What makes him/her introverted?

And explain how you feel about this person?

### Vocab

Perceptions

Indulge

Bosom

Thick and thin situations

Crucial

immensely

**Hesitation**

**optimistic**

**pedagogical experts**

**curious**

There are a lot of people that we know or meet in our daily lives. Each and every one of us has different personalities and perceptions about life. While some people are introvert and do not like to indulge in conversation, some are extroverts who like to make their thoughts known through speaking them out. So today, I would like to talk about one such introvert person who I know since childhood.

He is not only my Bosom friend but also my next door neighbour. We are friends for more than 10 years and I met him in my school days. After our friendship began, I enjoy his company from every perspective. He stays with me through thick and thin situations and is always the one person whom I can share anything and everything. No doubt he is introvert person but he is immensely intelligent person.

He is quite shy person. when it comes to express his opinion in front of others and sometimes he can not tell crucial things to others just because of this hesitation. He never takes part in extra curricular activities as he doesn't like to communicate with other people.

I have strong optimistic feeling towards my friend because Sometimes I share things with him that I cannot share with anyone else, and I get advice without being judged. This is the best part of our friendship and probably the main reasons our friendship is still intact and strong.

### **Follow-ups**

#### **1. Why do people get nervous when they speak in public?**

Some people have fear of speaking in the public in fact it is called stage fear they cannot openly express their feelings in front of others they have some kind of inferior complex in their head that somebody may oppose or somebody may not like what they say so they cannot express their feelings in front of others and finally they develop introvert kind of nature and they keep everything in their head this kind of people really get nervous when they get opportunity to speak in public.

#### **2. How can they improve their public speaking skills?**

Public speaking skills can be improved by proper training and guidance of pedagogical experts if all the public speaking tests are done regularly and experiments in front of small groups or family members are done where one talks and shares opinions about various things then definitely speaking skills can be improved and the knowledge of language should be given to the person which can help to express their ideas and opinions regarding different topics formal language can also be taught so they can improve speaking skills.

#### **3. What different kinds of speeches or lectures have you attended in your life?**

I have attended so many different kind of speeches and lectures in my academy and social life in fact I have attended a lot of academic lectures in my school and college where I learn different topics then I have attended motivational lectures from the very prominent people of my country I have heard them on different online streaming sites also I also listen to the politicians and businessmen and many different people when they address people I definitely like to listen to them and I get motivated by them so I have attended such kind of speeches and lectures in my life.

#### **4.What qualities (attributes) should these visiting speakers have?**

Visiting speakers should have very good qualities regarding expressing their opinions regarding different topics there should have excellent command over the language and there should know the local culture so they can connect to them in a very easy way apart from this they should have local vocabulary and idea of what the people are thinking regarding different things so they can really talk to them in their own language and explain them in a good way.

#### **5.Why do many people find it hard to talk to young children?**

Young children don't pay attention very quickly in fact they have a very curious kind of nature and they don't listen so first of all when we need to talk with children we need to be very careful that we are entertaining them and giving them a good message otherwise they will never listen us they will always be busy in their own world if we entertain them in a funny way and give them a message they might take it otherwise it is always hard to talk to young children as they are thinking a lot of things in their mind at one time.

## **19.Describe something that saves your time**

**What it is?**

**When do you usually do it?**

**Why do you do it?**

**And explain why you think it saves your time.**

### **Vocab**

**Numerous**

**Worthwhile**

**Shopaholic**

**Big chunk**

**Recommendation**

**Fantastic**

**Effortlessly**

**Productive**

**Time-consuming**

**Impulsive or impatient**

I do numerous activities daily some are worthwhile and some are useless. I perform various activities just for fun. Here, I would like to elaborate on one such activity that is entirely saving my quality time that is online shopping.

The fact is that I am quite a shopaholic as I love to wear new outfits, footwear, footwear and accessories all the time. Unfortunately, I live in an area where there are no excellent markets or places to buy things.

For that reason, I had to travel to a nearby city with my friends or family on weekends to accept the things I wanted to. Chandigarh is around 200 kilometres from my hometown. So this way, I used to waste big chunk of time just travelling to this place, which made my shopping experience quite uncomfortable and tiring.

But some time ago, on my friend's recommendation, I started to buy things online. He introduced me to Amazon, a fantastic platform where I can buy almost anything. The great thing about Amazon is that it has a wide variety.

We can buy branded, non branded, local, and at the same time, international products sitting in the comfort of our homes. As a result, now I don't have to travel to a different place for shopping on weekends. The best part about buying things online is getting them replaced effortlessly if I do not like any delivered product. As a result, now I can spend my weekends more productively. Overall, this one thing has saved a lot of time, and I highly recommend others who find shopping a time-consuming activity consider buying things online.

### Follow-ups

#### 1.Are you good at organizing time?

When it comes to time organization, I can't say I'm one of those people who can manage. Because of too many duties to fulfil, I sometimes find myself failing to complete one task at a time and end up multitasking.

#### 2. How do you usually organize time?

I try to organize my time by use of an alarm, although sometimes it won't work due to power cuts in my country, which sometimes keep most of the digital devices with low or no battery. I'm surprised there are some people who can time their selves off the head and achieve their set targets.

#### 3.How would you teach your children time management?

Time management can be taught to children by helping them make a timetable and ensuring that they follow it. Also, children can learn easily from stories or movies, which teach them a lesson about the importance of time and managing it well. The parents are role models for children and they should set a good example for their children.

#### 4.Why do you think some people pay to learn time management?

Time management has become very important in today's fast-paced world. Some people pay to take courses on time management so that they can succeed and excel at their work. Some people are not very good at organizing and managing time, so they need to take up courses on managing time well.

#### 5. Do old people and young people manage time in a similar way?

No, old and young people do not manage their time in the same way. Old people have more life experience and they understand the importance of time management better than the young generation. The young people may be too impulsive or impatient and may not understand the importance of planning ahead. Another difference is the way the younger generation manages time. They make more use of technology and the old people may use the traditional methods, like a timetable or writing down a list of tasks.



## 20. Describe something important that you lost

What it was?

How you lost it?

Why was it important to you?

How you felt when you lost it?

**Vocab**

**Despite**

**Breeze blowing**

**Gloomy**

**Precious**

**Unfortunately**

**Lost In thought**

**Down in the dumps**

**Retrace**

**Probably**

**Bitter**

Nobody really likes to lose anything, especially if it is valuable. But, despite our best efforts, we do become careless sometimes and go through some frustrating experience of losing something. Today, I would like to talk about one such experience when I lost my gold chain.

It was not only expensive chain but also quite close to my heart because it was gifted by my grandmother.

It was one Sunday afternoon, about 6 years ago, when some of my friends asked me to play badminton. And I obliged since the weather was nice with a cool and gentle summer breeze blowing all around. Of course, I was wearing my chain that evening.

Anyway, we started playing, Not sure, for how long we played, but when we finished, it was getting dark, and we were really exhausted and ready to return home. And after I returned home, I realised that I have lost my chain.

I was initially shocked and confused when realising that the chain has gone forever. I went back to search for it the next morning but unfortunately, I did not find it. I was literally crying and Lost in thought.

I felt down in the dumps that I could not sleep at night. Even though I knew that it was impossible to get my chain back. It was a gloomy experience that I still remember.

### Follow-ups

#### 1. What kinds of people may lose things often?

Forgetful people, people who get older and forget they became old and cannot remember where they placed something. Moreover, Maybe the super rich who have so much money it would not worry them. Also, People who have a bad memory and are unorganized tend to lose things often.

#### 2. What can we do to prevent losing important things?

The first thing that we can do to avoid losing crucial things is to make a list and we can take extra care of our belongings. We can keep our eye and attention on the things that we are carrying with us. Attention can only help us not lose things.

#### 3. What would you do if you saw something valuable but didn't belong to you on the street?

As a good citizen, I would do is find out the original owner of that particular valuable thing if it is a purse or a vehicle I would definitely report to the nearest authorities or the police station so they can find the owner and return that things.

#### 4. What kinds of things have you lost so far?

I was in the second year of my university and at that time I lost my laptop with some other necessary papers and the experience was so bitter that I still remember it.

#### 5. What do you usually do to look for lost items?

I think the most obvious step is to retrace where they've been. If they can't find their keys, they can look in the places where they're likely to have left them. This is a strategy that's worked for me and probably many other people.

## 21. Describe an interesting thing you have learnt from other culture

**What it is**

**How you learned it**

**Explain how you think it will help other**

**Vocab**

**Mesmerizing**

**Social butterfly**

**Indigenous culture**

**Fit as fiddle**

**Gut**

**Hard nut to crack**

**Clean bill of health**

**Hassles**

**Ancestors**

**Exorbitant amount**

Well, it is mesmerizing to realise that the globe has diverse culture and traditions and being a social butterfly, I love interacting with people from diverse background .

A few years back I had conversation with a korean citizen and I learned very interesting thing from him about his indigenous culture. As we know Korean people are very health conscious and they use different natural strategies to be as fit as fiddle because they believe that prevention is better than cure. Actually, an interesting thing about their culture is to drink 3-4 liters of hot water in a day. As drinking hot water keeps out gut neat and clean. Moreover, by this our digestive system also remain in good shape. Because of its lot of benefits I tried to implement this in my daily routine, firstly it was hard nut to crack for me because I was habitual of drinking cold water but after 2 months , I started enjoying this because it not only lost my body fat but also made my face glowing than earlier. According to me, by drinking more hot water people can clean bill of health because it is home remedy of many health hassles.

**Follow-ups**

**1.How do you learn about celebrations that are related to your culture?**

Firstly, we learn about celebrations from our ancestors. Secondly, we also learn through school and college functions. Apart from that, we learn through family get together.

**2.What do you think are common celebrations all over the world?**

There are numerous celebrations which are celebrated all over the globe. Such as new year celebration, Christmas celebration, valentine day and many more.

**3.Is it important to preserve our culture?**

Yes absolutely It is very much crucial to preserve our culture as it is our identity of our nation We need to celebrate our festivals rituals and norms in order to preserve our culture It is our duty to transfer our culture to the next generation so that things can be alive for a very long time and We don't lose our identity.

**4.How do you react to spending a lot of money on celebrations?**

No doubt, celebrations are crucial in one's life but overspending is not a good idea. Nowadays, inflation is rising day by day so spending exorbitant amount of money on celebrations is entirely wastage according to my opinion, instead of overspending money on celebrations, people should save their money for their future.

## 22. Describe about an occasion when you got positive feedback For work that you did.

What you did?

When was it?

why you got positive feedback?

How you felt about it?

Vocab

Fortunate

Umpteen

Appreciate

Health maladies

On cloud nine

Momentous

Volunteering activities

Grasping power

Consumption

Drug abuse

I think it is a very fortunate to receive a positive review about the work you do with a lot of efforts. Luckily, I also received positive feedbacks umpteen times thanks to my skills and suggestions. Here, I would take this opportunity to talk about the specific time when everyone appreciated me for the activity I performed.

Well it happened two years ago when I was a School /college student In that time I do participate in Competition known as awareness about drugs and it organized on The international day of drug abuse. I was already pre-prepared about that competition so I to participate in a poster making event I made a very huge and creative poster and it was about the drug abusing specifically I displayed the people who were consuming drugs and the effects on the society due to drug consumption

More-so I depicted the health maladies which are caused by the consumption of drug and also the arguments that arises because of drug abuse also. With the grace of God I got the first position in that competition. I was spreading the awareness about the utilization of drugs. Making the youngsters aware about the consequences that can be caused by drug consumption. I think it was an important message that should be delivered to the society so that's why I did it. Each and every person at that place was praising me, My parents and grandparents were feeling proud of me.

Undoubtedly I was on cloud nine I think it is the momentous moment of my life.

### Follow-ups

#### 1. Do you like helping others?

Yes I do like to help others as it is one thing that my parents have taught me. If we help others then we create a good relationship and bonding. And it's our duty to help anyone whom we find in difficulty. Especially disabled people and children. We should help them whenever they ask for help.

#### 2. In your view should children be taught to help others?

Definitely yes it's a very good habit that parents can teach their children. They will become more polite and gentle if they help others and by helping they may develop some other skills like communication and leadership.

#### 3. How can we encourage children to help others?

We can ourselves take part in volunteering activities and help others whenever we can. Children directly observe their surroundings and learn from them. They have very good grasping power. So by doing such things we can encourage them to help others.

#### 4. Do you think people are less willing to help others these days compared to the past?

No, today also people do not hesitate to help others. In fact with technology people can help each other from anywhere in the world in terms of providing information or financial help also.

#### 5. Do people trust others as much as they used to in the past?

Trust factor matters person to person; it has nothing to do with past or present. People trusted each other in the past and they are trusting each other today also. So I believe time has nothing to do with trust.

#### 6. How do people in your community help one another?

People in the community help each other in so many ways first of all they help when there is a medical emergency they even help when there is a financial emergency or by providing information regarding some essential things for emergency situations in the city they also help by giving lifts or commuting services this is the way how people help each other in community people also help by organizing cultural events and volunteer camps.

#### 7. How do students such as high school students help each other?

Students in the high school help each other in their academics by sharing their notes and projects with each other the one who are brighter definitely helps the weak in studies and this exchange of academics really help the weaker section of school children also help others by providing their sports equipment and other academic equipments and stationaries to each other.

## 23. Describe a quiet place you like to spend your time in Cue Card

Where it is?

How you knew it? How often you go there?

### **What you do there?**

#### **And explain why you like the place?**

It is important to spend time in quiet places in the fast-paced life of today. There are a few quiet places around us that we can visit for a few relaxing moments of peace. I would like to talk about a park where I go quite often and I find great comfort in the silence the spot has to offer.

The park is not far from my home. It is only a 10-minute walk from my home. It is well-known for its peaceful ambiance. Being a nature lover, every day I visit this garden.

Every morning I go for a morning walk in the garden and I also do some physical activities and as I am having an ardent habit of writing, the area somehow enhances my creativity to the point where thoughts flow freely and clearly in my mind. I really like going to this location with my writing pad all alone, and write whatever I feel like for hours on end.

I adore(love) the place for some specific reasons. The park is one of the most impressive sites in the state. The golf course is adorable and boating is another interesting activity here. Another reason is that this place makes me feel close to nature. While doing a walk over here, I feel as if I am in the lap of nature.

Besides, the park contains some other amenities like clean and well-managed toilets, and the space for kids, etc. is also notable. A large number of trees are available in the park and anyone can take shelter under the tree shades with nice sitting arrangements.

I would recommend anyone from my area to have some quality and tranquil time in this park. There is a lot to explore and enjoy.

#### **Follow-ups**

#### **1. Is it hard to find quiet places in cities?**

It is very difficult to find quiet places in the fast-paced life of today because due to the population explosion these places converted into dwellings. Moreover, the number of vehicles on the roads has increased considerably. Therefore, finding a quiet place in urban areas is a herculean task.

#### **2. Why is it quieter in the countryside?**

The prominent reason is the availability of land. As there is a lot of vacant land available in the countryside as well as there is no pollution. Moreover, there is a lot of greenery and a lack of traffic due to these reasons village life is more peaceful.

#### **3. Why do people go to quiet places?**

People like to spend time in quiet places because sometimes they want to be with themselves, then they go to temples or quiet places, and feel relieved of their stress.

#### **4. Compared with young people, do old people prefer to live in quiet places?**

Older people prefer peace and quiet 'because they cannot filter out distractions' Older people prefer peace and quiet because they love to spend more time in a serene environment as compared to youngsters.

#### **5. Why do some people not like quiet places?**

Some people especially youngsters do not like quiet places because they want fun and frolic all around them. They want activity and noise all around them. Therefore, they find it hard to spend time in a calm environment.

## 24. Describe a popular/well known person in your country

**Who this person is**

**What he/she has done**

**Why he/she is popular**

**And explain how you feel about this person**

### **Vocab**

**Several**

**Melodious voice**

**Diehard fan**

**Out of the box**

**Inroads**

**Unfortunately**

**Tragic incident**

**Brutally**

**Mysteriously**

**Optimism**

**Herculean task**

There are several personalities whom I admire and would love to meet. One among them was Shubhdeep Singh Sidhu, better known by his stage name Sidhu Moose Wala, was an Indian singer, rapper and actor associated with Punjabi music and Punjabi cinema.

He was one of the most successful singer. He was not only famous in India but also in foreign countries. He had melodious voice and I got to know about him when one of my friends told me to listen his dollar song when I was trying to listen and from that time I become a diehard fan of him.

Moreover, he was famous for his out-of-the-box ideas. He always tried to do things beyond the conventional domain, and due to this reason, success has made inroads in his life.

I have listened all his songs and I never missed his new songs. My mobile phone and laptop is filled with his songs. Although he is successful today and people think that he born with a silver spoon as he became famous in his early age but most of the people don't know about him and his journey from rags to riches.

The one thing why I really like him he was such a humble and generous person. I got to know from one of the article that he did charity for the cancer patients. He was down to earth person and always supported poor people.

I think he is a huge inspiration to many. I think he did a wonderful job as a singer and as Punjab citizen . Even he participated in politics as a MLA. Unfortunately, we lost him due to a tragic incident . Some gangsters shot him brutally in his own district mysteriously .may his soul rest in peace. But because of his hard work, songs and optimism he will always keep alive in our hearts.

### Follow-ups

#### 1. What qualities do famous people have in common?

Famous people are hardworking, dedicated, punctual, and excellent in time management. These people are also good in leadership skills, communication, cooperation, and coordination with others. These people are really honest and with their passion. They know what they are doing and what should be done. They value relations and they use their resources to organise their success.

#### 2. Do you know any famous star who likes helping other people?

Diljit Dosanjh is a pollywood actor. He provides help to needy people. Whenever there is a natural calamity, he is the first to provide support to the affected people.

#### 3. Do you think children should imitate their idols?

There is no harm in imitating the idols, but that should be in limit because excess of everything is terrible. Moreover, they must refrain from copying those who have a terrible image in society, like superstars who endorse tobacco products.

#### 4. What influence do famous stars have on teenagers?

No doubt, Media personalities, particularly actors and actresses, have deep impact on teenagers' minds. Though many have a favourable impact, some of them negatively influence the youth into drugs, smoking, and drinking issues.

#### 5. Do you think famous stars have more freedom or less freedom?

I think famous stars have less freedom at their disposal because wherever they go, people follow them for autographs and pictures. So taking a walk or eating their favourite mouth-watering delicacy in a public place is a herculean task for them.

## 25. Describe a time when you helped a child with

**When it was?**

**How you helped him/her?**

**Why you helped him/her?**

**And how you felt about it?**

### Vocab

**Altruist**



**Reuniting**

**Pay obeisance**

**vague**

**Fortunately**

**Innate satisfaction**

**Livelihood**

**Daunting task**

**Extremely**

**Elated**

Being an altruist, I love to help others. And I find extreme happiness in providing support to senior citizens and children because they require it the most. However, today I would like to talk about a time when I helped a child by reuniting him with his parents.

Actually a few months ago, I went golden temple to pay the obeisance to God. After taking a holy bath, I saw a child who was crying. I immediately rushed towards him. He was six years old who lost his way as Golden temple is over-crowded all the time.

First of all, I made him feel comfortable and hugged him because I love children. Then I asked him about the contact number of his parents, he did not remember it. Then I asked him about his address, he had a vague idea.

Fortunately, after sometime, he told me his father's name and his address. Without wasting time, I announced about him along with location. Luckily, his parents came immediately to pick him up. Finally, the child got a sigh of relief. I assisted him because he was a small kid and for him finding his parents was a herculean task.

I felt extremely elated on that day because I saved a child's future by reuniting him with his family. I can never forget the smile which the family had after reunion. So this was the time when I helped a child at religious place.

### **Follow-ups**

#### **1. Do you like helping others?**

Yes, I like helping others because I get innate satisfaction from it. At the weekends, I provide support to people from humble backgrounds by gifting their equipment and other essential tools which could make them earn a livelihood easily.

#### **2. Should parents teach helping others to their children?**

Yes, of course. Parents are responsible for bringing their children into this world, and so it is their duty to make their children into responsible citizens of the future. Parents don't have to do anything special to accomplish this. They just have to lead by example. Children will automatically follow their footsteps.

**3. Do you think nowadays people do more good work than in the past?**

Yes, these days people do more good work than in the past because the world has become a global village due to the advanced means of technology. And now people can support a person sitting in any corner of the world. On the other hand, earlier people used to provide help in their local area only, and beyond that, it was a daunting task for them.

**4. Will you help others in the future?**

Being an altruist helping others is a part of my personality. As my income grows in the future, I will provide more support to the needy by expanding more money and energy.

**5. How do world social organizations such as Red Cross collect their funds worldwide?**

To collect funds by creating mass awareness and the best medium for them is social media campaigns and advertisements. Apart from this, the other way for funds collection is through corporate social responsibility initiatives through which it collects funds from prominent organizations, especially multinational companies.

**7. Do small non-government organizations always need big organizations' help, or can they collect funds themselves?**

In this modern era, technology has made inroads in our lives. Billions of people remain connected on social media. It doesn't matter whether an organization is big or small in such a scenario. They need to create suitable social media and other campaigns to reach their target audience.

**8. What is the most important way for a country to help foreigners visit the country?**

We can help the visiting foreigners in many ways. However, the best one is to make their stay comfortable by providing unmatched hospitality. Firstly we must not overcharge them for various products and services, and secondly, there should be a dedicated helpline number to solve their complaints. There must be a separate lane for them at airports, bus stands, railway stations, and cinemas.

**9. Do Indian people help others who need help, such as people in extreme poverty? (How?)**

People in India take it as a bounden duty to help people living in extreme poverty. They do so by providing food, clothes, and medicines to them. Some non-governmental organizations provide free education to poverty-stricken kids. Corona pandemic is a prime example where people from all walks of life supported the poor people in various forms.

## **27. Describe an occasion when you lost something**

**What you lost**

**When and where you lost it**

**What you did to find it**

**And explain how you felt about it**

**Vocab**

**Despite**

**Breeze blowing**

**Gloomy**

**Precious**

**Unfortunately**

**Lost In thought**

**Down in the dumps**

**Retrace**

**Probably**

**Bitter**

Nobody really likes to lose anything, especially if it is valuable. But, despite our best efforts, we do become careless sometimes and go through some frustrating experience of losing something. Today, I would like to talk about one such experience when I lost my gold chain.

It was not only expensive chain but also quite close to my heart because it was gifted by my grandmother.

It was one Sunday afternoon, about 6 years ago, when we celebrated one of friends birthday. We did a lot of activities after sometime my friends asked me to play badminton. And I obliged since the weather was nice with a cool and gentle summer breeze blowing all around. Of course, I was wearing my chain that evening.

Anyway, we started playing, Not sure, for how long we played, but when we finished, it was getting dark, and we were really exhausted and ready to return home. And after I returned home, I realised that I have lost my chain.

I was initially shocked and confused when realising that the chain has gone forever. I went back to search for it the next morning to locate the chain, I left no stone unturned. Firstly, I ran from pillar to post to search for every nook and corner of the . To my dismay, I couldn't find it.

I felt down in the dumps that I could not sleep at night. Even though I knew that it was impossible to get my chain back. It was a gloomy experience that I still remember.

### **Follow-ups**

#### **1. In general, what kinds of things do people most often lose?**

Well thinking about it, I would say the stuff that people nowadays lose most easily seems to be things we carry around with US a lot. like keys, glasses and mobile phones. And as to why this is the case, well I guess it's probably because these are things that we often tend to put down without much thought. So in other words, what I mean is that our minds are often on something else when we put these things down, which is fine if you're at home, but if

you're in a restaurant or some other public place, then you could well end up losing whatever it was you left on the table, which I admit I've done on several occasions!

## 2. What would you do if you found something that someone had lost?

Well, I guess the first thing I would do would be to try' and find out whom the thing belonged to. And if that wasn't possible, then I would probably take whatever it was to the staff who worked at the place where I found it. So for example, if I was in a hotel, then I would take the item to the reception and inform the staff there.

## 3. How do people find what's missing?

Usually, after some time searching every corner in the house, people can run into the item they have left elsewhere. If it's a phone, they can try living it a rind to spot the location where it is. However, if the item is of great monetary value, people often ask their families or the support of the authorities to sort out the matter. For example, when you lose a motorbike parked outside a shop, it's quite hopeless if you try to look for it on your own.

# 28. Describe a creative person whose work you admire Cue Card

**Who he/she is?**

**How do you know him/her?**

**What creative things he/she has done?**

**And explain why you think he or she is creative?**

There have been many people I have met over the years but here I would like to talk about a particular person with fantastic creativity. I mean his creativity is fabulous. He is none other than my father.

So I am here to tell you why I think my father is creative? He always comes up with new ideas, new performances sometimes they are hilarious (extremely funny), mysterious (difficult to understand), or even serious every now and especially I was pretty much so impressed by how touching they were sometimes.

Since my childhood, I have seen him fixing things that everyone rejects. Making new things from what is leftover. According to him, nothing is ever wasted. Its utility to achieve one thing is over now and now can be used for something else. He always does various kinds of activities he never sits idle because he thinks that an idle mind is a devil's workshop.

Once a bed broke in our house and when everyone else was thinking of where should it be thrown my father made a beautiful desk out of the bed. I think creativity is not just about drawing things out or writing something beautiful. It is about leading a life in ways that are different from others. And on that, my father has surely led a beautiful life. He also made a lot of outstanding things from waste material.

The reason I really admire him is that when everyone is busy in the hustle and bustle of life he is the one person who has remained calm and yet achieved things without any hurdle.

## Follow-ups

### 1. Do you think you are a creative person?

Every person is creative. Creativity comes from the inside. I believe that I have the ability to think out of the box and experiment with things. I believe that I am willing to act in a particular capacity that makes me creative. I spend hours making my work more innovative.

## **2. Is it good for children to learn arts?**

Art is an essential subject for children at school because it teaches them to be independent and think for themselves. Apart from this, art enhances fine motor skills, hand-eye coordination, and problem-solving skills which may assist children in attaining better learning outcomes.

## **3. What kind of jobs require people to be creative?**

I think all jobs require people to be creative because it inspires employees to work with each other. For example, an engineer needs to think of new ways to do things; the plumber needs to learn new things every day to make his work better and simpler, a carpenter needs to learn new ways of doing things that can add grace to his work, a teacher has to bring up innovative methods to teach so that children don't get bored.

## **4. Do you think leaders need to have the creative ability?**

Yes, leaders require the ability to look at things in new ways and solve problems by seeing things. For example, if they are not creative, people then stop following them as they would appear boring to them, but if they add creativity to their work, talk, and way they do things, they will keep having follow.

# English with Roop

## **29. Describe a difficult decision that you made once Cue Card**

**What was the decision?**

**When you made the decision?**

**How long did it take you to make the decision?**

**And explain why it was a difficult decision to make?**

I think that decision-making is an integral part of our life and we are constantly making decisions, either big or small. If we do not make decisions then life will become boring and we will not be able to move forward in life. Today, I would like to talk about one such crucial decision, which I made around three years ago after graduating from high school.

After completing my schooling/graduation and it was time for me to decide what I wanted to do in my life. I was confused about what course should I opt for my further studies as I did not want to opt for traditional courses like engineering or medicine. I wanted an option that would provide me a bright future and at the same time should be interesting as well.

I searched a lot on the internet about alternative courses and colleges but as there was too much information, I got more confused. So, I decided to consult my elder sister who is living in Canada.

When I asked her for advice, she suggested I pursue a course in Animation as she knew about my interests in this field. It took me nearly one month to make the decision. My family also liked the idea when I told them that I have finally decided to pursue a course in Animation.

Anyway, it was indeed a very important decision to make because it allowed me to find out my true potentials, both on the intellectual level and professional level, in the subsequent years. Besides, this particular decision made me more confident about my life and future than ever before which was more of an important “gift” for me in itself.

### Follow-ups

#### 1. What decisions do people generally make in their daily life?

People make different kinds of decisions every day from dawn to dusk such as what to eat, what to wear, what to do, and when to sleep or wake up.

#### 2. Which is easier, making a decision by oneself or making a decision after a group discussion?

It is definitely easier to make a decision after a group discussion because we have the advantage of knowing different perspectives on the issue. However, I also believe that we should not get influenced by others and listen to our gut feelings when finally making decisions.

#### 3. Why are many young people unwilling to listen to their parent's advice?

Sometimes parents make decisions about their children's lives based on societal pressure. Especially in today's Indian scenario, there is devasted change in everything from 30 years from now. Apart from this, parents' views are far more different than their child.

#### 4. Why do middle-aged people tend to second guess their decision?

People change their decision when they feel that they may have made an inappropriate decision after discussing with wiser, trustworthy, and more experienced individuals. Sometimes they may second guess their decision when they did not think deeply or did not analyze the consequences of their first decision.